



MULTI-SERVICE SENIOR CENTER

40086 PASEO PADRE PARKWAY
FREMONT, CA 94538
www.ci.fremont.ca.us



LUNCH: 12:00 NOON

Members: \$4:00 SENIORS
Non-Members: \$5:00
Youngsters: \$6:00

TICKETS INFORMATION # 790-6610


OFFICE # 790-6600

*Vegetarian Option Available

LUNCH AUGUST 2004

MEALS ARE COOKED ON SITE

SOLD:
FIRST-COME, FIRST-SERVED
NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Baked Chicken Breast With Alfredo Noodles Vegetable, Salad Roll, Dessert	3 Los Amigos Mexican Pork Roast In Beer & Green Sauce Steamed Rice, Salad Black Bean, Vegetable Tortilla, Dessert	4 Swiss Steak With Garlic Mashed Potatoes, Gravy Vegetable, Roll, Dessert	5 Turkey Caesar Wrap Vegetable, Salad Dessert	6 Grilled Catfish Rice Pilaf, Vegetable Salad, Roll Dessert
9 Chinese Beef Broccoli With Steamed Rice Salad, Roll Dessert	10 Indo American Chili Rellenos Casserole, Tossed Green Salad, Vegetable, Roll, Dessert	11 Open Face Turkey Sandwich, Mashed Potatoes, Gravy Vegetable, Dessert	12 BBQ Chicken Breast Over Caesar Salad Vegetable Roll, Dessert	13 Birthday Party \$5- \$6- \$7- LUAU 
16 Meat Loaf, Gravy Mashed Potatoes Vegetable, Salad Roll, Dessert	17 Roasted Pork Loin Corn Bread Stuffing Gravy, Vegetable Salad, Roll, Dessert	18 Chicken Enchiladas Spanish Style Rice Refried Beans, Salad Dessert	19 Medallion Of Beef Bordelaise Sauce Baked Potato, salad Vegetable, Roll, Dessert	20 Sole Dorrë, Rice Pilaf Lemon Butter, Salad Vegetable, Roll Dessert
23 Garlic Roasted Chicken With Mushroom Sauce Vegetable, Salad Roll, Dessert	24 Indo American Vegetable Soup Egg Plant Parmesan With Pasta, Vegetable Salad, Garlic Bread Dessert	25 TACO SALAD DESSERT	26 Crab Cakes, Cole Slaw Tater Tots Roll, Dessert	27 Philly Style Cheese Steak Sandwich Potato Chips Salad, Dessert
30 Grilled Liver & Onions Mashed Potatoes Gravy, Vegetable Roll, Dessert	31 Meat Or Vegetable Lasagna, Vegetable Salad, Garlic Bread Dessert	<u>September 1st</u> Salisbury Steak Steamed Potatoes Gravy, Vegetable Roll, Dessert	<u>September 2nd</u> Sweet & Sour Fish Steamed Rice, Salad Vegetable, Roll Dessert	<u>September 3rd</u> LABOR DAY BBQ ???

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.